



## PSYCHOLOGY (M): 2012

**Paper II**

**14 October, 2012**

Time Allowed: Three Hours

Maximum Marks: 300

### **INSTRUCTIONS**

*Each question is printed both in Hindi and in English.*

*Answers must be written in the medium specified in the Admission Certificate issued to you, which must be stated clearly on the cover of the answer-book in the space provided for the purpose. Now marks will be given for the answers written in a medium other than that specified in the Admission Certificate.*

*Candidates should attempt Questions no.1 and 5 which are compulsory and any three of the remaining questions selecting at least one question from each section.*

*The number of marks carried by each question is indicated at the end of the question.*

***Important: Whenever a question is being attempted, all its parts /sub-parts must be attempted contiguously. This means that before moving on to the next question to be attempted, candidates must finish attempting all parts/sub-parts of the previous question attempted. This is to be strictly followed.***

*Pages left blank in the answer-book are to be clearly struck out in ink. Any answers that follow pages left blank may not be given credit.*

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## Section 'A'

1. **Answer the following in about 150 words: 12x5=60**

(a) What do you understand by 'personality disorders'? Distinguish between schizoid personality disorder and schizophrenia.

(b) Comment on the present practices related to educational guidance and counseling programs in Indian schools and colleges. Highlight the problems in implementing and strengthening these programs in Indian context.

(c) Critically evaluate the strengths and limitations of psychodynamic therapies in the treatment of mental disorders.

(d) Discuss how the major role of rehabilitation psychologists is primarily as a 'facilitator of adjustive behavior' rather than as a 'symptom eradicator'.

(e) Discuss the merits of the role of small groups in social actions and community handling of social problems.

2. (a) Explain the characteristics of standardized psychological tests. Discuss the major steps in developing self-report personality inventory. Illustrate your answer with a suitable example. 30

(b) Discuss different learning disabilities and their educational and psychological consequences. Suggest relevant remedial measures in this context. 30

3. **Answer the following in about 250 words: 20x3=60**

(a) Explain the assumptions underlying cognitive therapy. Critically comment on its utility in the treatment of mental disorders.

(b) Identify the physical and psychological consequences of being a victim of violence. Explain the nature of counseling and rehabilitation services a psychologist can render to the victims of violence.

(c) Define the notion of environmental pollution. How would you explain the impact of scientific and technological innovation on environmental degradation from a psychological perspective?

4. **Answer the following in about 250 words: 20x3=60**

(a) Define 'learned helplessness'. How can this concept be used to explain depressive disorders?

(b) Explain the models of sensitivity training. Relate them to organizational development.

(c) Explain Vroom's expectancy theory of work motivation and link this theory with variable-pay programs.

## Section 'B'

5. **Answer the following in about 150 words: 12x5=60**

(a) Can achievement motivation be included as a base of training for economic growth and development of a country? Discuss the contribution of McClelland and his team in this context.

(b) Justify with examples how the insights derived from studies on 'intergroup contact hypothesis' would be useful in promoting harmonious relations among different castes and in maintaining social order.

(c) What are the causes of domestic violence? How is 'belief in a just world' used to rationalized this violence?

(d) Explain the concept of 'team-cohesiveness' in the context of sports. How can teamwork be improved through the application of sports psychology?

(e) Discuss the components of gender-sensitivity training. Indicate its importance in the context of management of workforce diversity.

6. (a) What are the psychological components of advertising and marketing? Identify and discuss the relevant ethical considerations? 30

(b) Explain the consequences of short-term and long-term exposure to noise. How does noise affect our social behavior? Cite the impact of crowding in this context.

7. **Answer the following in about 250 words: 20x3=60**

(a) Explain the psychosocial consequences of being a part of socially disadvantaged groups especially with reference to self-concept, identity, motivation and achievement. Give examples from Indian context.

(b) Distinguish between prejudice and discrimination. Explain the variables moderating the manifestation of prejudice into overt behavior.

(c) What is glass-ceiling effect? Explain the causal factors underlying it, What remedial steps can be taken by the employing organizations to minimize the glass-ceiling effect?

8. **Answer the following in about 250 words: 20x3=60**

(a) Discuss critically the utility of IT and mass media in the context of distance learning. Throw light on the strengths and limitations of distance learning.

(b) Explain the psychosocial factors and myths that demotivate people from following small family norms. Suggest relevant motivational strategies in this context.

(c) What is man-machine system in the context of human engineering? Highlight the applications of human engineering in defence with reference to equipment design.